

13th AHUJA BAJAJ SYMPOSIUM

Recent Concepts in Diabetes, Metabolism and Nutrition

DAY 1: Saturday, December, 20th 2025, The Leela Ambience Hotel, Gurugram

Time	Speaker	Topic
09:00-09:50 AM		Registration
09:50-10:00 AM	Dr Anoop Misra (New Delhi)	Introduction
10:00-10:10 AM	Ms. Kanika Tyagi (New Delhi)	Non-obese people with Metabolic dysfunction–associated steatotic liver disease: New data
10:10-10:20 AM	Ms. Koel Dutta (New Delhi)	Acanthosis nigricans & Diabetes complications: New data
10:20-10:30 AM	Dr. Amrita Ghosh (New Delhi)	Imeglimin-A Powerhouse approach to Type 2 Diabetes
10:30-10:45 AM	Dr. Suhail Durani (New Delhi)	Increasing questions about the applicability of HbA1c for the diagnosis and monitoring of glycemia in India
10:45-11:00 AM	Dr. Om Ganda (USA)	Hypertriglyceridemia and CAD: New data (Recorded Lecture)
11:00-11:15 AM	Dr. Abhay Ahluwalia (New Delhi)	Quest For Improving Postprandial Glucose Control Role of Ultra Rapid Lispro: New data
11:15-11:35 AM		Tea Break
11:35-11:50 AM	Dr. Monika Sharma (New Delhi)	Evolving Paradigm: To address the Trinity of Diabetes Management
11:50 AM -12:00 PM	Ms. Sugandha Kehar (New Delhi)	Mango & Diabetes: Final Season – Final Chapter: New data
12:00-12:15 PM	Dr. Sunil Misra (Dehradun)	Type 2 Diabetes and 3 Risk Factor-Intervening Aggressively before it's too late
12:15-12:30 PM	Dr. S K Wangnoo (New Delhi)	Clearing the air around inhaled insulin: New data
12:30-12:45 PM	Dr. Seema Gulati (Noida)	Gene–diet Interaction for Weight Loss: New data
12:45-01:00 PM	Dr. Ritesh Gupta: (Noida)	Intermittent fasting: Fad, fact, or futile: New data
01:00-02:00 PM		Lunch
02:00-02:15 PM	Dr. Manish Bansal (New Delhi)	Lipoprotein(a): The New Kid on the Block and Atherosclerotic Cardiovascular Disease: New data
02:15-02:30 PM	Dr. Sachin Mittal (Chandigarh)	iGlarLixi: A Solid approach for comprehensive T2DM management
02:30-02:40 PM	Dr. Ritika Mehta (Haryana)	Plant-based Diet: New data
02:40-02:55 PM	Dr. Swati Pandit (New Delhi)	Semaglutide's Legacy: A Benchmark in Obesity Management Against Newer Agonists
02:55-03:10 PM	- Dr. Vimal Gupta (Noida) - Dr. Ankush (New Delhi)	Resistance and Thera-Band Exercises
03:10-03:20 PM	Dr. Yashendra Sethi (Meerut)	Microplastics and Metabolic Diseases: Emerging Evidence
03:20-03:30 PM	Dr. Ambuj Roy (New Delhi)	Indian Adapted Mediterranean Diet
03:30-03:45 PM	Dr. D K Agarwal (New Delhi)	5 Questions & Answers for CKD in T2DM: Learning from EMPA-KIDNEY
03:45-04:00 PM	Dr. Alka Jha (New Delhi)	Pregnancy Symposium: Diabetes, Hypothyroid, Hyperthyroid, Hypertension
04:00-04:20 PM		Tea Break
04:20-04:35 PM	TBD	Redefining Cardiorenal Outcomes with Finerenone
04:35-04:50 PM	Dr. Naveed Sattar (United Kingdom)	Keynote Lecture: South Asian cardio Metabolic Disease: The hidden role of Ectopic fat (Recorded Lecture)
04:50-05:00 PM	Dr. Naval K Vikram (New Delhi)	Adipose–Muscle Phenotype and Its Role in Metabolism
05:00-05:30 PM	Dr. Ashwini Kumar Setya (New Delhi)	Legal issues in Medical Practice; “Current Perspective”
05:30-05:40 PM	Ms. Bhavya Arora (New Delhi)	Optimization of Nutrition and Exercise with GLP-1 receptor Agonists Therapy
05:40-05:55 PM	TBD	Unraveling Obesity: The What, Why and How
05:55-06:10 PM	TBD	Redefining Obesity Care with Tirzepatide
06:10-06:20 PM	TBD	Panel Discussion
06:20-06:30 PM 15 min	Dr. Ashish Kumar (New Delhi)	Management of MASLD, Guidelines to clinical practice: New concepts
06:30-09:00 PM		Gala Dinner

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DAY 2: Sunday, December, 21st 2025, The Leela Ambience Hotel, Gurugram

Time	Speaker	Topic
08:30-08:50 AM		Registration
08:50-09:00 AM	Dr Anoop Misra (New Delhi)	Introduction
09:00-09:10 AM	Dr. Surya Prakash (New Delhi)	Vitamin D & Longevity: New data
09:10-09:20 AM	Dr. Vimal Gupta (Noida)	Management of Peripheral Artery Disease: New Emerging Insight
09:20-09:30 AM	Dr. Lovely Gupta (New Delhi)	Lean diabetes: New data
09:30-09:40 AM 15min	Dr. Archana Sinha (Lucknow)	Holistic approach to diet in people with diabetes and CKD
09:40-09:50 AM	Dr. Ritesh Gupta (Noida)	Malnutrition-related Diabetes Mellitus: 'Type 5' amid unresolved questions and limited evidence
09:50-10:00 AM	Dr. A P S Suri (New Delhi)	Therapeutic Approaches in Diabetic Foot: A New Concept
10:00-10:15 AM	Dr. Saket Kant (New Delhi)	Current Place of SGLT2i + DPP-4i Combination for Optimum Diabetes Care in the Era of GLP-1 RAs
10:15-10:30 AM	Dr. Richa Chaturvedi (New Delhi)	Semaglutide's EPIC roles in diabetes management
10:30-10:45 AM	Dr. K V S Harikumar (Hyderabad)	Surgical Fitness for Patients with Diabetes
10:45-11:00 AM		Tea Break
11:00-11:10 AM		Inauguration
11:10 AM -12:10 PM		Lifetime Award: Dr. Siddique, Dr. Malviya, Dr. S. K. Sareen
	Dr. A.N Malviya (New Delhi)	Prevention of Shingles in Comorbid Conditions (MMS Ahuja Oration)
	Dr. S.K Sareen (New Delhi)	JS Bajaj Oration
12:10-12:20 PM	Dr. Anoop Misra (New Delhi)	Prediabetes as a High-Risk State in Asian Indians: Some Non-Pharmacological Solutions: New data
12:20-12:30 PM	Dr. Alpesh Goyal (Bhopal)	Early Gestational Diabetes: New Data
12:30-12:40 PM	Dr. Deepa Ekbote (New Delhi)	Drugs and Diabetic Retinopathy: Pros & Cons: New data
12:40-12:55 PM	TBD	Tirzepadite: A New Era in Obesity Management
12:55- 01:05 PM	Dr. S V Madhu (New Delhi)	Yoga & Diabetes
01:05- 01:20 PM	Dr. Sweekruti Jena (Bhubaneswar)	Glucocentricity & Role of Modern SU Gliclazide in current T2DM Management
01:20-01:30 PM	Dr. Pulkit Mathur (New Delhi)	Functional Foods better Glycaemic Control
01:30-01:45 PM	Dr. Anupam Biswas (Noida)	Optimizing Glycemic Durability through Triple Therapy
01:45-01:55 PM	Dr. Seema Gulati (Noida)	Does Nutrition Manipulation Improve Cognition?
01:55-02:00 PM	Dr Amrita Ghosh (New Delhi)	Vote of Thanks
02:00-03:00 PM		Lunch